

NATIONAL ALLIANCE ON MENTAL ILLNESS

NAMI SARASOTA & MANATEE COUNTIES REOPENING GUIDE 2020

- ▶ NAMI HELPLINE 800-950-6264
- ▶ IN A CRISIS TEXT NAMI TO 741741
- ▶ NAMI Sarasota & Manatee 941 376 9361
- ▶ Website namisarasotacounty.org
- ▶ Facebook page [namisarasotacounty](https://www.facebook.com/namisarasotacounty)



National Alliance on Mental Illness

Sarasota and
Manatee Counties

Reopening Statement

To our members, volunteers, and participants,

We would like to start by saying thank you for your continuous support throughout the last few months. Though we were faced with many obstacles, we did not stray from our mission to improve the lives of individuals and their families affected by mental illness.

COVID-19 brought new challenges, but we adapted quickly and innovatively, and with that brought new ideas, and new opportunities to reach the community in ways we did not think of before.

Though our vision to leading individuals to recovery and leading stigma free lives will not change, our process in reopening will be slightly different. As we prepare to reopen, we will be taking into consideration the advice of the CDC, our state and local government, and national NAMI guides.

We appreciate your patience at this time and will continue to communicate as we formulate our processes.

Signed,

NAMI Sarasota & Manatee Counties

Oath of Personal Responsibility

National Alliance on Mental Illness, Sarasota & Manatee Counties

I, _____, am aware of the potential spread of COVID-19 that could result in severe illness and potential death. Therefore, I will, to the best of my ability, practice proper social distancing while at home and during my participation with NAMI programs, recommended by health department directives, as well as practice good hygiene (handwashing, use of hand sanitizer, wearing of a mask when required, etc.) and follow other health recommendations. Should I become ill, I promise to self-report the illness and contact my nonprofit to let them know of my condition. I will adhere to testing guidelines and work with my own primary care providers. Finally, if I am exposed or suspected to be exposed to COVID-19, I will self-quarantine and notify my nonprofit. **DISCLAIMER: Participation in NAMI programs is at your own risk. NAMI Sarasota and Manatee counties is not liable for any transmission/infection during the participation of our programs.**

Signed,

DATE:

Ongoing Sanitation and Social Distancing Guidelines

It is our hope to resume our support groups in-person beginning 7/1/2020.

The in-person status of other NAMI classes, and presentations will be determined at a later date.

Please review the ongoing sanitations and social distancing guide.

- Face coverings will be required for all of our facilitators and participants, and we will provide them to those who don't bring their own.
- A screening questionnaire will be given at the beginning of each meeting and must be filled out and returned to facilitators.
- Follow social distancing guidelines by spreading participants and facilitators 6ft apart in meeting spaces.
- Individuals should wash hands regularly and should avoid excessive touching of communal surfaces if possible.
- Disinfecting wipes will be available in all public areas as well as hand sanitizer.
- Sanitize common equipment if multiple people are using it.
- Routinely clean and disinfect all frequently touched surfaces in the workplace, such as workstations, keyboards, telephones, handrails, and doorknobs.
- It will be hard, but we must avoid physical contact.
- Follow signage in bathrooms to wash hands along with signage to remind people of social distancing and etiquette.
- Facilitators and participants must sanitize hands upon entering groups, and classes.
- Common spaces will be cleaned daily, especially where people congregate.
- Support groups will be offered once a month online for those who prefer to attend remotely.